

Nevada Children's Mental Health System of Care



System of Care Framework

System of care Framework (From Stroul, B. & Friedman, R. (1986 rev ed)

Presented By:
Capa Casale, Subcommittee Chair
Jackie Harris, NBHC Chair

Commission/NBHC Subcommittee Members

Commission on Behavioral Health and Developmental Services Subcommittee on the Mental Health of Children

Name	Email address
Capa Casale, Chair	ccasalemft@sbcglobal.net
Pam Johnson	nnapam@gmail.com
Larry Nussbaum	lnussbaum@medicine.nevada.edu
Valerie (Viki) Kinnikin	vkinnikin@yahoo.com
Marcia Cohen	marciaacohenapn@aol.com
Paula Squitieri	drpaulasq@gmail.com

NCBH Consortium Members

Name	Affiliation	Email address
Kelly Wooldridge	Division of Child and Family Services	kwooldridge@dcsf.nv.gov
Joe Haas	Washoe County Juvenile/Social Services	jhaas@washoecounty.us
Jennifer Coleman O'Connor	Clark County School District	JTConn@interact.ccsd.net
Jan Marson, Chair	Rural Children's Mental Health Consortium	OTplayroom@aol.com
Cara Paoli, Chair	Washoe County Children's Mental Health Consortium	cepaoli@src.state.nv.us
Jackie Harris, Chair	Nevada Children's Behavioral Health Consortium	jackieharrismft@gmail.com
Karen Taycher	Nevada PEP	ktaycher@nvpep.org
Carol Broersma	Parent	cbroersma@frontier.com

Strengthening Children's Mental Health Services in Nevada

Aim: To ensure Nevada's children and their families benefit from evidence based services and supports that are developed and delivered within a System of Care framework.

System of Care

- A systematic network of children and families working in close collaboration with public and private providers to develop a comprehensive plan of care
- “System of Care concept is a framework and a guide, not a prescription.”
- “It was intended as an organizing framework and a value base.”

System of Care Principles

- Community Based
- Family Driven and Youth Guided
- Culturally and linguistically Competent
- Individualized and Strength – Based
- Accountability



Community Based

Services are delivered in the community, outside of institutional settings, such as a school or home.



Family Driven and Youth Guided

- In Systems of Care, full family participation requires mutual respect and meaningful partnership between families and professionals.
- Families and youth are decision makers in their own care and in the systems, policies, and procedures that govern care at every level



Culturally and Linguistically Competent

Provide effective, equitable, understandable and respectful quality care and services that are responsive to diverse cultural health beliefs and practices, preferred languages, health literacy and other communication needs.



Individualized & Strength-Based

Every child and family enrolled in Systems of Care participates in an individualized plan of care that focuses on the needs, strengths, and challenges of the child and family.



Accountability

Systems of Care ensure outcome data is collected, analyzed, and reported on the individual child and family services system, performance, and financial efficiencies.





- Emotional support; moral & spiritual guidance
- System support
- Concrete help & advocacy
- Decrease isolation
- Community navigation
- Resources & education
- Greater understanding of getting help or support

Role of Parent Support Providers

Technical assistance providers & consultants

- Training
- Evaluation
- Policy Development
- Research
- Support
- Outreach/Dissemination

Direct service providers

- Family Liaisons
- Care Coordinators
- Family Educators
- Specific Program Managers (respite, etc.)
- Youth Peer Mentors

Systems of Care Implementation:

5 Enhancement Strategies

1. Implementing policy, administrative, and regulatory change
2. Developing or expanding services and supports based on the SOC philosophy and approach
3. Creating or improving financing strategies
4. Providing training, technical assistance, and coaching
5. Generating increased support for the SOC approach

Current Efforts in Nevada

Key stakeholders include families, service providers, administrators, and researchers.

- Commission on Behavioral Health and Developmental Services
- Nevada Behavioral Health Consortium
- Commission/NBHC Subcommittee
- Nevada PEP Statewide Family Network Partnership
- Clark County Children's Mental Health Consortium
- Washoe County Children's Mental Health Consortium
- Rural Children's Mental Health Consortium

Current Efforts in Nevada

- In the past year, the Commission/NBHC Subcommittee has:
 - Conducted a comprehensive review of Nevada's previous system of care implementation efforts and an analysis of gaps in the implementation process
 - Conducted an analysis of how existing efforts align with the Systems of Care guiding framework
 - Developed strategies to implement an enhanced *Nevada System of Care* approach to the provision of children's mental health services.

Overarching Strategy

- The enhancement strategy (draft as of April 2014) has been adapted to the current Nevada approach and prioritized into 3 phases
- Each phase is comprised of development and planning activities that will be followed by implementation strategies
- A comprehensive evaluation plan will be developed and implemented for each phase of the strategy

Overarching Strategy

Phase One: Generate increased support and rebuild capacity for the Nevada System of Care

Developmental Strategies



Implementation Strategies



Phase Two: Develop or expand service and supports based on the Nevada System of Care philosophy and approach.

Developmental Strategies



Implementation Strategies



Phase Three: system of accountability, management, and standards of care at the State and local level that focus on the implementation of the Nevada System of Care for Children's Mental and Behavioral Health

Developmental Strategies



Implementation Strategies

Overarching Strategy

Phase One: Generate increased support and rebuild capacity for the Nevada System of Care

Developmental Strategies

Implementation Strategies

- Develop a public awareness/social marketing plan to support Nevada system of care efforts and inform consumers about how to access services
- Utilize Current resources such as the local Consortia, DCFS, and Nevada Partnership for Training to create a workforce development plan

- DCFS will provide a “Nevada System of Care Chief” working in partnership with a Family Support specialist to oversee all System of Care Activities
- Build on current training efforts in evidence based practices to include Trauma Informed Care, Wraparound Training, System of Care Training, Motivational Interviewing, Family Check-up, Aggression Replacement Training, and Brief Strategic Family Therapy

Overarching Strategy

Phase Two: Develop or expand service and supports based on the Nevada System of Care philosophy and approach.

Developmental Strategies



Implementation Strategies

- Develop and support a plan with local school districts to provide school based mental health services and Signs of Suicide (SOS) training across the State
- Develop a plan to fund wraparound services that include all aspects of high fidelity wraparound to “high end, multiple system youth and families” no matter what their insurance or custody status.
- Develop a plan to increase prevention activities across the State

- Expand the current model of mobile crisis services across the State that includes a “no wrong door” philosophy, practice, and procedure. Mobile crisis will include Family to Family Support Services.
- Continue support of Wraparound in Nevada (WIN) for “high need, multiple service youth and families.” DCFS will ensure WIN is practicing high fidelity wraparound services.

Overarching Strategy

Phase Three: system of accountability, management, and standards of care at the State and local level that focus on the implementation of the Nevada System of Care for Children's Mental and Behavioral Health

Developmental Strategies



Implementation Strategies

- Develop a plan and support to propose legislation supporting the Nevada System of Care approach and establish DCFS as the Children's Mental Health Authority. This includes accountability at the local levels through the regional consortia for approval of local policy and procedure, as well as the development of protocols for quality assurance and accountability.
- Develop a memorandum of understanding with the Division of Health Care Financing and Policy to work toward a "Nevada System of Care" certification process for provider agencies, and unlicensed providers of publicly funded Children's Mental Health Services. This will include technical assistance and quality assurance provided by DCFS to community providers.

Next Steps

- The Nevada System of Care enhancement system will need appropriate funding in order to adequately implement this evidence-based approach.

